

# **Deep Cleaning -Controlling The Risk**



Whenever and wherever cleaning is taking place, it is extremely important that all potentially harmful dirt and bacteria are prevented from travelling around the building.

One of the ways in which such bacteria can be transmitted throughout a building is via the same cleaning equipment and solutions being used in areas of different use. Therefore, in order to minimise the risk of infection, cleaning operatives must adopt effective infection control procedures.

#### COVID-19

The infection risk from coronavirus (COVID-19) following contamination of the environment decreases over time. It is not yet clear at what point there is no risk. However, studies of other viruses in the same family suggest that, in most circumstances, the risk is likely to be reduced significantly after 72 hours.

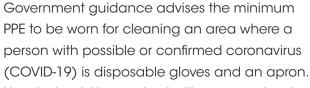


# Personal protective equipment (PPE)



Ensure your staff are protected from health & safety risks within the workplace.







Hands should be washed with soap and water for 20 seconds after all PPE has been removed.



For high risk applications where there is visible contamination with body fluids, additional protection is required to cover the cleaner's eyes, mouth and nose.

Non-healthcare workers should be trained in the correct use of a surgical mask, to protect them against other people's potentially infectious respiratory droplets when within 2 metres and how to fit the mask correctly.

How to wear a face mask correctly...



Wash your hands with soap and water or use hand sanitiser



Hold the mask with the inside facing you



Place the ear loops around each ear



Mold the stiff edge to the shape of your nose



Pull the bottom of the mask over your mouth and chin





# **Hand Hygiene**

Good hand hygiene is the primary, most important method of preventing cross contamination and the spread of germs and bacteria.

Handwashing is particularly important when carrying out cleaning in areas such as care homes, schools and hospitals and you should never underestimate the importance of hygiene in the workplace.

It is normal practice throughout the cleaning and catering industries to provide protective gloves to staff when carrying out most tasks. What should not be overlooked is the fact that hands should be thoroughly cleaned before and after gloves are worn.





# Why is hand hygiene so important?



Effective hand washing removes or destroys harmful bacteria picked up by the hands and also reduces the amount of bacteria that is normally present on the skin. The aim of good hand washing practices is to ensure your own protection and prevent the transfer of any harmful bacteria to other people. The important thing to remember is that good technique is more important than the type of hand cleanser used.

### Remember ALWAYS wash your hands whenever:

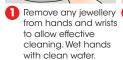
- you have had contact with any bodily fluids
- you have used or cleaned the toilet
- you have sneezed, blown or wiped your nose
- you have covered your mouth with your hand while coughing or sneezing
- before eating, handling and preparing foods
- your hands feel or look dirty
- you have handled or cleaned up after any animals

# **Hand Washing**



The correct hand-washing technique.

When washing hands, the following points should be included and adopted by all staff:





Apply enough cleanser to ensure it produces a good thick lather.



Rub hands to produce lather.



Palm to palm.



Wash for 20

6 Right palm over the back of the left hand and vice versa.



Intertwine the fingers of the right hand over the left and vise versa. Pay particular attention to the areas between fingers and finger nails.



Rotationally rub backwards and forwards with clasped fingers of the right hand in the left palm. Change hands and repeat.



Rotationally rub the right thumb clasped in the left palm, change hands and repeat.



Grip the left wrist and work cleanser into the skin. Do the same with the right wrist.



Rinse off all traces of lather with clean



with a disposable paper towel.



Dry hands thoroughly Discard paper towel in waste bin, avoid touching the bin.

### What hand cleanser should I use?

Try to avoid using tablet soap. If you must use it, make sure that the soap is cleaned and dried and changed regularly. Also, soap dishes that retain fluid should not be used under any circumstances.

Liquid or foam hand soap from a dispenser is the best form of cleaner and Jangro provide a vast range from which customers can select the product that best suits their needs. Your local Jangro representative will provide further advice on selecting the correct product to use.

## What other steps should be considered to maintain good hygiene?

The regular application of hand moisturising cream will help prevent hands becoming chapped. Staff should be instructed to wear all personal protective equipment provided to protect their hands.

Finally, any cuts or abrasions to the hands should be covered with a clean water-proof dressing, which should be replaced regularly until fully healed.

# **Hand Sanitising**



Highly effective skin disinfectant, which contains 70% alcohol and moisturiser. Evaporates from hands without leaving residue or odour.





BK140

#### Jangro Alcohol Gel Hand Rub

Alcohol based skin disinfectant. Use after routine hand washing and when soap or water is not readily available. Will evaporate from hands and kill bacteria almost immediately without leaving a residue or odour.

BK140-5 5 litre BK140-50 500ml

Hand Sanitising Dispenser Back Board

Dispenser sold separately.

XA601 250x350mm

Jangro Automatic Sanitiser Dispenser & Stand

- Comes with 11tr bulk fill automatic dispenser

Scientifically

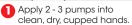
proven to kill

- Suitable for alcohol and gel sanitiser
  - Light and durable aluminium unit
  - Size 50x40x155cm

Stop! 99.9% of germs without water Leaves skin

When sanitising hands, the following points should be included and adopted by all staff:







Rub hands palm to palm.



Rub back of each hand with palm of other hand with fingers interlaced.



Rub palm to palm with fingers interlaced.



Rub with back of fingers to opposing palms with fingers interlocked.



6 Rub each thumb clasped in opposite hand using rotational movement



Rub fingers in opposite palm in a circular



Rub each wrist with opposite hand.



Rub until hands are dry. Steps 1 - 8 should take at least 30 seconds.



**BK140** 

# **COVID-19: Cleaning in** non-healthcare settings



### What you need to know....

- cleaning an area with normal household disinfectant after someone with suspected coronavirus (COVID-19) has left will reduce the risk of passing the infection on to other people
- wear disposable or washing-up gloves and aprons for cleaning. These should be doublebagged, then stored securely for 72 hours then thrown away in the regular rubbish after cleaning is finished
- using a disposable cloth, first clean hard surfaces with warm soapy water. Then disinfect these surfaces with the cleaning products you normally use. Pay particular attention to frequently touched areas and surfaces, such as bathrooms, grab-rails in corridors, stairwells and door handles

- if an area has been heavily contaminated, such as with visible bodily fluids, from a person with coronavirus (COVID-19), use protection for the eyes, mouth and nose, as well as wearing gloves and an apron
- · wash hands regularly with soap and water for 20 seconds, and after removing gloves, aprons and other protection used while cleaning

### Don't forget frequently touched areas!







### How to clean potential virus outbreak



as undicated in the Safety Data Sheet.



Place Safety Signs.



3 Dilute 60ml to 600ml water 4 in a trigger spray bottle.





Spray onto surface. 5 Leave for 30 seconds. 6



Wine clean







soap and water then sanitise with alcohol gel.



Put on disposable PPE and place safety signs. Some infections can become airborne - Please wear a mask!



3 Spray surface and leave for s minutes, then wipe clean



Place all waste in waste bag. Seal bag and place in appropriate area for disposal.



Wash hands with antibac soap & then dry with disposable



When dry, alcohol sanitiser can

Stage 1 can be carried out using a cleaning detergent, followed by a disinfectant for stage 2. Example above uses Virucidal Cleaner, which can be used for both stages.

# **COVID-19: Cleaning in** non-healthcare settings



# Colour Coding

The aim of colour coding is to prevent cross contamination during the cleaning process. It is vital that an effective colour-coded system is implemented. There is no legislative requirement to operate a colour-coded cleaning regime. However, it is generally considered good practice to adopt such a scheme when cleaning commercial premises.

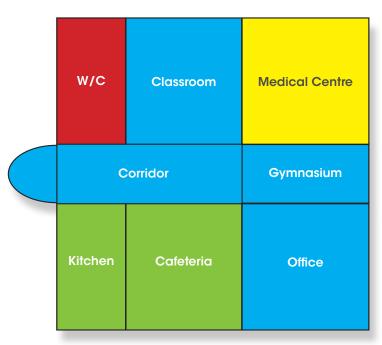
The cleaning industry has developed a widely used colour-coding system for all relevant cleaning equipment which should be used in the areas identified by the various colours used.



Although some companies will adopt systems that incorporate other colours, it is extremely important that once the colour has been designated to particular area, that it is strictly adhered to at all times.

### **Recommended Usage**

- GENERAL LOW RISK AREAS
- O GENERAL FOOD AND BAR USE
- GENERAL WASHROOM
- CLINICAL



# **COVID-19: Effective Cleaning Products**



All germs, bacteria and viruses are, in most cases, invisible to the naked eye. Although we cannot see them, we all know they are there. We also know that if they are not removed or destroyed effectively, they will multiply or mutate, increasing the likelihood of an outbreak of infection. Therefore, it is important that the products that are utilised as part of the overall cleaning regime are effective.

### Virucidal Cleaner





Public areas where a symptomatic individual has passed through and spent minimal time, such as corridors, but which are not visibly contaminated with body fluids can be cleaned thoroughly as normal.

All surfaces that the symptomatic person has come into contact with must be cleaned and disinfected, including:

- objects which are visibly contaminated with body fluids
- all potentially contaminated high-contact areas such as bathrooms, door handles, telephones, grab-rails in corridors and stairwells

#### Virucidal Cleaner Unperfumed

Powerful multi-purpose bactericidal cleaner and sanitiser. Kills Norovirus, E-coli, Salmonella typhimurium, Listeria monocytogenes H1N1 Influenza virus, HIV, Hepatitis C, MRSA & C. difficile. Passes EN 1276, 13704, 1650, 14476 & 14675. Bleach free, non tainting and unperfumed. Suitable for use in healthcare, catering, schools and high risk applications.

BA053-75 750ml ready to use BA053-5 5 litre (Dilute 1:10)

#### Jangro Infection Control Wallchart

A wall chart providing illustrated guidance on how to clean infectious areads including E-coli, C.difficile, HIV and Norovirus.

XA157 A3

# **COVID-19: Effective Cleaning Products**



### **Cleaning and Disinfection**

Use disposable cloths or paper roll and disposable mop heads, to clean all hard surfaces, floors, chairs, door handles and sanitary fittings, following one of the options below:

- A virucidal cleaner which passes EN14476 and has been tested against enveloped viruses.
- Bleach based disinfectant at a dilution of 1,000 parts per million (PPM) available chlorine.
- · An alcohol based disinfectant cleaner.

Follow manufacturer's instructions for dilution, application and contact times for all detergents and disinfectants



#### Virucidal Cleaner Unperfumed

Powerful multi-purpose bactericidal cleaner and sanitiser. Kills Norovirus, E-coli, Salmonella typhimurium, Listeria monocytogenes H1N1 Influenza virus, HIV, Hepatitis C, MRSA & C. difficile. Passes EN 1276, 13704, 1650, 14476 & 14675. Bleach free, non tainting and unperfumed. Suitable for use in healthcare, catering, schools and high risk applications.

BA053-75 750ml ready to use BA053-5 5 litre (Dilute 1:10)



#### Jangro Cleaner Disinfectant

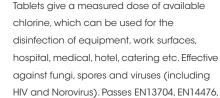
Disinfects, cleans and deodorises in one application. Will help prevent the spread of infection. Suitable on all washable surfaces. Ideal in schools, nursing homes, surgeries and wherever there is risk of infection. Kills MRSA and Shigella (the most common cause of dysentery). Passes EN 1276.

BA050-75 750ml BA050-5 5 litre Dilute 1:25

Jangro Chlorine Tablets

EN1040, EN13697, EN1276 and EN1650.





BC013 200 tablets



#### **Enviro H6 General All Purpose Sanitiser**

Concentrated, unperfumed multi-purpose

BB456-1 1 litre

BB550 1x100 sachets Dilute 1:25

# Sanitising for Catering



**Unperfumed Cleaners** 

### **Cleaning and Disinfection**

# QAC **FRFF**

#### Jangro Premium Alcohol-Based Sanitiser

Ready-to-use, alcohol-based, disinfectant cleaner for use in the food processing, catering and healthcare industries. Suitable for use on hard washable surfaces, such as stainless steel, polished metal, painted surfaces, glass, most plastics and ceramics. Passes EN1276, EN13697 and EN1650.

BB008-75 750ml BB008-5 5 litre



Kitchen Cleaner Sanitiser

Multi-purpose cleaner sanitiser and terminal disinfectant. Removes general soiling and kills a range of bacteria including MRSA. Unperfumed formulation makes it ideal for use in kitchens. Passes EN1276 in 30 seconds.

BB010-75 750ml BB010-5 5 litre



#### **Enviro K4 Kitchen Sanitiser**

Concentrated unperfumed solution for multi-purpose cleaning and disinfecting.

BB470-1 1 litre



#### **Surface Sanitising Wipes**

An impregnated wipe with bactericidal solution for use in all food handling areas. Kills the bacteria that causes MRSA, E-coli and most other bacteria.

BB195 40 sheets BB190 200 sheets



#### Virucidal Cleaner Unperfumed

Powerful multi-purpose bactericidal cleaner and sanitiser. Kills Norovirus, E-coli, Salmonella typhimurium, Listeria monocytogenes H1N1 Influenza virus, HIV, Hepatitis C, MRSA & C. difficile. Passes EN 1276, 13704, 1650, 14476 & 14675. Bleach free, non tainting and unperfumed. Suitable for use in healthcare, catering, schools and high risk applications.

BA053-75 750ml ready to use BA053-5 5 litre (Dilute 1:10)



# **Disposable Wiping**



### **Disposable Paper Wipes**

Wiping is part of the everyday cleaning of all facilities. Jangro provides a range of disposable paper and non-woven wipes, colour-coded to prevent cross contamination.



#### Jangro Centrefeed Dispensers

Key lockable units available in plastic or stainess steel.

AH126 Stainless Steel AH137 Plastic



#### Jangro Centrefeed Rolls

Blue or white rolls available in 1, 2 or 3 ply tissue. 6 rolls per case.



#### **Hand Towel Dispensers**

Key lockable units available in plastic or stainess steel.

AH110 Stainless Steel AH106 Plastic



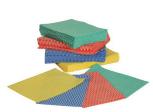
Hand towels are available in variants of c-fold, s-fold or z-fold. Colours in white, blue or green,



#### Premium Biowipe Plus

Heavy duty anti-bacterial cleaning cloth which has exceptional strength both wet and dry and has large holes which gives more wiping edges to remove stubborn marks which increases its wiping performance.

CG017 25 per pack



#### All Purpose Cloth

Non woven cloth with open cellular structure makes them very effective at collecting dirt particles, as well as removing stubborn stains.

CG005 50 per pack

# Colour-Coded **Equipment**



#### **Floor Care**

Avoid creating splashes and spray when cleaning. Any cloths and mop heads used must be disposed of and should be put into waste bags as outlined below. When items cannot be cleaned using detergents or laundered, for example, upholstered furniture and mattresses, steam cleaning should be used. Any items that are heavily contaminated with body fluids and cannot be cleaned by washing should be disposed of.



#### **Duo-Hygiene Bucket**

Colour coded dual bucket with central wringer, separates clean and soiled mopping solutions for more hygienic cleaning. 14 litre (8 + 16L) capacity.

HB060 000



#### Jangro Long Tall Sally Bucket & Wringer

26 litre capacity bucket and wringer combo with 3" castors (16 litre capacity working water). Features extra long handle allowing maximum pressure when wringing out mops.

HB025 Bucket and Wringer HA003 Kentucky Mop Head **HA006** Kentucky Handle

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#### Vileda Supermop Ag

Heavy duty non-woven material now contains silver (Ag) to inhibit bacterial growth on the mop by 99.99% and zig zag edges provide high absorption and 30% better dirt pick up. 10L Capacity.

HB300 Mop Head **HB301** Aluminium Handle HB302 Bucket and Wringer

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#### Exel Mop Handle 54"

Aluminium mop handles with colour coded grips. Fits Exel mop heads.

HA025 0000



#### **Exel Big White Mop**

The big white mop head is a fantastic alternative to traditional mops, they are very light in use, highly absorbent and extremely cost effective. Fits handle HA025.

HA024 0000



#### **Exel PY Mopping**

Mop heads available in three sizes and colour-coded.



HA014 200 grm

HA015 250 grm HA016 300 grm 0000

**Colour Coding Guide** 

- O GENERAL LOW RISK AREAS
- O GENERAL FOOD AND BAR USE
- O GENERAL WASHROOM
- O CLINICAL



#### Vileda Ultraspeed Mini Kit

Innovative wringer, flat mop frame and microfibre mop pad. Kit includes 10L bucket, wringer, microlite mop pad and frame. Telescopic handle and SafeMop sold separately.

HB220 10 litre kit HB224 Telescopic handle HB222 SafeMop

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# Colour-Coded **Equipment**



### **Premier Hygiene Brushware**

Designed to be robust enough to withstand extremely heavy use. All brushes may be autoclaved. A wide choice of colours available for the prevention of cross-contamination.



#### **Premier Flat Sweeping Broom**

All items are colour-coded.

HP021 Soft 28cm HP022 Medium 28cm HP023 Stiff 28cm HP061 Medium 50cm HP064 Stiff 50cm 0000

Lightweight Aluminium Handle

HN090 127cm 0000



Wire Hand Brush

HN042 Stainless steel wire scratch 27.9cm 0000



**Short Handled Churn Brush** 

HN077 Medium 25.4cm

0000



#### Hand Brush

HN083 Medium/Stiff 31.7cm

0000



Deck Scrub

HP067 Stiff 28cm 0000



#### Hand Scrubbing Brush

HN075 Stiff 15.4cm 0000



#### Closed Dust Pan

HN069 Medium 18cm

0000



- O GENERAL LOW RISK AREAS
- O GENERAL FOOD AND BAR USE
- O GENERAL WASHROOM
- CLINICAL



# **Laundry Products**



### Laundry

Wash items in accordance with the manufacturer's instructions. Use the warmest water setting and dry items completely. Dirty laundry that has been in contact with an unwell person can be washed with other people's items.

Do not shake dirty laundry, this minimises the possibility of dispersing virus through the air.

Clean and disinfect anything used for transporting laundry with your usual products, in line with the cleaning guidance above.

#### **Premium Laundry Care Chart**

Provides guidance on good laundering procedures.

XA158 A3

# **Good Laundering Procedures** Jangro WASH PROGRAMMES 2. Red Bag - 71°C 3. Red Bag - 40°C CHANGING PRODUCTS Remove lance from empty container Insert lance into new container, ensuring the product is the same type c. When decanting product residue, use a clean funnel d. Replace the cap once the product has been changed

### Bug Kill for high risk application

Scientifically proven to destroy:



C. difficile



MRSA



H1N1 virus

#### Premium Fabrix Laundry Liquid

A liquid laundry detergent which is scientifically proven to destroy viruses such as H1N1 swine flu virus, C. difficile spores and MRSA at temperatures as low as 30°C.

BP220-5 5 litre BP220-10 10 litre



Destroys viruses at 30°C

# **Laundry Products**







#### Premium Bio Laundry Liquid

A biological laundry liquid for whites and colours with built in deodoriser. Specially formulated to give outstanding results.

BP210-5 5 litre BP210-10 10 litre

#### Premium Non Bio Laundry Liquid

A non-biological laundry liquid for whites and colours with built in deodoriser. A delicate formulation makes this an ideal choice for sensitive skin.

BP215-5 5 litre BP215-10 10 litre

#### **PREMIUM RANGE**



Performance



**Energy savings** 



Kills bacteria



#### **Premium Fabric Softener**

A concentrated conditioner that softens and reduces static, with the benefit of quick dry and easy iron features. High quality fragrance imparts freshness for several days.

BP230-5 5 litre BP230-10 10 litre



#### **Premium Low Temperature Laundry** Destainer

A powerful destainer that starts working from only 20°C, which saves energy and time. Tough on stains but gentle on fabrics. Suitable for whites and colours.

BP240-5 5 litre BP240-10 10 litre



#### **Laundry Bags**

Plastic bags designed so that soiled or contaminated clothing does not have to be handled in the laundry. They feature a red strip along their length which dissolves in water releasing the contents safely when the wash starts.

CM400 Pack of 200 18"x28"x38" CM401 Pack of 200 18"x28"x28"



#### **Premium Peroxide Laundry Destainer**

An effective destainer, particularly when washing at 60°C and above. Removes Stubborn bleachable stains including tea, coffee and wine. Suitable for whites and colours

BP245-5 5 litre BP245-10 10 litre

# Waste Disposal



### **Efficient Waste Disposal**

The key to preventing the spread of infection effectively is prompt and efficient removal of waste. All companies charged with handling waste, must develop rigorous systems that ensure that waste is disposed of promptly, effectively and correctly.

Effective waste disposal procedures will go a long way to reducing the risks associated with the spread of bacteria and infection.

Waste from possible cases and cleaning of areas where possible cases have been (including disposable cloths and tissues):

- 1. Should be put in a plastic rubbish bag and tied when full.
- 2. The plastic bag should then be placed in a second bin bag and tied.
- 3. It should be put in a suitable and secure place and marked for storage until the individual's test results are known.

Waste should be stored safely and kept away from children. You should not put your waste in communal waste areas until negative test results are known or the waste has been stored for at least 72 hours.

- if the individual tests negative, this can be put in with the normal waste
- if the individual tests positive, then store it for at least 72 hours and put in with the normal waste

If storage for at least 72 hours is not appropriate, arrange for collection as a Category B infectious waste either by your local waste collection authority if they currently collect your waste or otherwise by a specialist clinical waste contractor. They will supply you with orange clinical waste bags for you to place your bags into so the waste can be sent for appropriate treatment.



#### **Yellow Clinical Sacks**

Used for incineration. Bags are supplied on a roll or flat packed. Various sizes and quantities available



#### **Orange Clinical Sacks**

Alternative treatment/specialised waste. All bags supplied on the roll. Various sizes and quantities available.



#### Yellow Tiger Striped Clinical Sacks

Non-clinical offensive waste. All bags supplied on the roll. Various sizes and quantities available.



#### Sackholder Frame

Colour Coded open frame sackholders in blue, green, red, yellow & white, with a high quality white polyester finish frame.

CB060 **OOO O** 



#### Removable Sack Holder

Hands free sack retention frame with soft closing lid. Fire retardant to comply with the Department of Health's 'Healthcare Fire Safety (HTM-05-03)' policy. Available in 23ltr, 42ltr or 75ltr.

CB066 OOO

# **Back to Work...** With a difference



# **Ensure workstations are kept** hygienically clean

Before workers, customers, or visitors return. premises should undergo a deep clean to eliminate any trace of bacteria. Whilst the risk of COVID-19 surviving on surfaces is likely to be reduced significantly after 72 hours, other harmful bacteria may still be present (MRSA, for example, can live on surfaces for weeks!). If they are not removed or destroyed effectively, they will multiply or mutate, increasing the likelihood of an outbreak of infection.

Operatives should be encouraged to keep their individual workspace hygienically clean with regular cleans carried out throughout the day. The use of disposable cloths or paper roll to clean work surface together with gloves and a ready to use solution of disinfectant. Training should be provided to ensure each individual is aware how to use cleaning products correctly. Jangro provide training courses through www.jangrolms.net which cover introduction to cleaning and COSHH Awareness.

As well as the usual tasks on the cleaning check list (such as washrooms, flooring etc.), operatives should pay special attention to high traffic touch points within a facility. Lift buttons, telephones, and door handles are all places that can transfer harmful bacteria to hands, and, in turn, be moved onto new surfaces or transmitted to other people.

Online training for staff www.jangrolms.net



Here are some ideas to help you make the work environments safer for employees:

- Encourage regular hand washing
- Place hand sanitiser on individuals desks
- Provide a solution of ready to use disinfectant, cleaning cloth and gloves

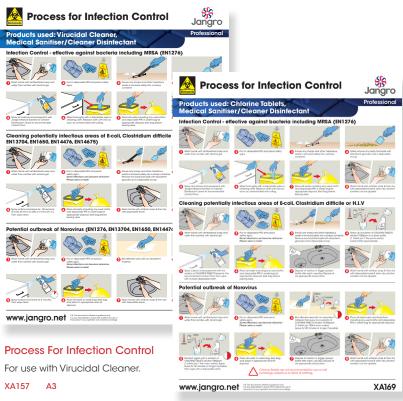
Another tip to avoid busy canteen areas, is to provide refreshment facilities for each workstation to reduce members of staff spreading germs to each other.



# **Display Posters**



### Wall Charts



#### **Process For Infection Control**

For use with Chlorine Tablets

XA169 A3



Hand Washing Guide

XA159 A4



Colour Coding XA156 A4

**Safety First** jangro.net XA186

Safety First XA186 A3



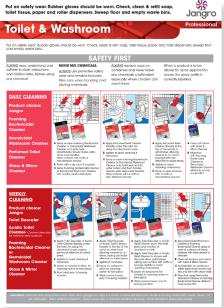
Ask for a copy of our **Infection Contol Support** for social distancing signs and matting.

# **Training Guide Support**



### **Area Cleaning Charts**





# Janaro Housekeeping & Bar Area

Floor Care

Toilet and Washroom

Housekeeping & Bar Area

XA162 A3

### **LMS Training**

### Training and information at your fingertips...

Jangro Learning Management Solution (LMS) is a fully interactive suite of e-Learning modules which can be accessed online to ensure all staff are fully trained quickly and efficiently.







www.jangrolms.net

### Courses Available

**Carpet Care** 

Colour Coding & Infection

Control

**COSHH Awareness** 

Floor Care

**Health & Safety** Housekeeping

Introduction to Cleaning Introduction to Equipment

Kitchen Hygiene

**Manual Handling** 

**Sharps Handling** 

**Stay Safe Online** 

**Washroom Hygiene** 



